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open condition, being disposed to release an anchor received therein from the body.

25. (First Amended) A method for embedding an anchor in a concrete structure, comprising:

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- (a) providing a polymeric body having:
 - (i) first and second sections hinged together at upper portions thereof for movement between a closed condition engageable around an anchor received therebetween and an open condition in which said sections are separated to release an anchor received therebetween;
 - (ii) a passage defined between the first and second sections and opening through [the] an undersurface of the body for receipt and retention of the anchor between the sections when the sections are in the closed condition, and release of the anchor when the sections are in the open condition; and,
 - (iii) a latch to secure the sections in the closed condition and selectively release the sections for movement to the open condition upon the application of force to the body to move the sections to the second condition;
 - (b) moving the sections to the open condition and positioning the anchor therebetween;
 - (c) moving the sections to the closed condition and securing the sections together through the latch to retain the anchor in the passage in the condition extending partly out of the passage;
 - (d) casting the hollow body in the concrete structure with the upper portion of the body exposed through one side of the structure and the anchor embedded within the structure;
 - (e) applying force to the body to release the latch and move the sections to the open condition; and,
 - (f) removing the hollow body from the concrete structure.